

Low-gluten* menu

Breakfast available until end of lunch service

Full English two bacon rashers, one gluten-free pork sausage, two free-range fried eggs, baked beans, mushrooms, tomatoes, hash browns. Gluten-free toast + butter **12.00**

Veggie full English two fried eggs, avocado, mushrooms, baked beans, tomatoes, hash browns. Gluten-free toast + butter (V) **12.00**

Breakfast sandwich on gluten-free toast choose from:

bacon ● gluten-free pork sausage ● mushrooms ● fried egg
One item **7.50** / Two items **8.50** / Three items **9.00**

Avocado on toasted gluten-free bread with tomato salsa (V) **8.50**

Shakshuka two free-range eggs baked with spiced tomato sauce, fresh herbs and crumbled feta. With gluten-free bread (V) **9.25**

Sandwiches on toasted gluten-free bread (*Lunchtimes only*)

Hampshire-cured ham and melted cheddar onion relish **8.50**

Melted Somerset brie and grape (V) **7.95**

Egg mayo and watercress (V) **6.95**

Tuna Nicoise tuna mayo, olives, hard-boiled egg, tomato, lettuce **7.25**

Chicken mayo and avocado watercress, roasted peppers **8.95**

Gluten-free pork sausages roasted peppers, mustard mayo **8.50**

Ploughman's Triple Hampshire ham, cheddar, blue cheese, salad, grapes, Ploughman's pickle, crisps, gluten-free toast, butter **12.00**

*Cross-contamination risks cannot be eliminated in our kitchen. Allergies or dislikes? Let us know before ordering, ingredients not listed in full. 10% service added to all tables, all tips to staff. Bills split max 4 ways

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Starters & Light Bites

Tomato and red pepper soup gluten-free toast, butter (V) **6.95**

Salad of Hampshire watercress sliced apple, beetroot, puy lentils, Rosary goat cheese, vinaigrette (V) **8.50**

Camembert baked with honey and thyme gluten-free toast **8.95**

Home-made smoked mackerel pate with gluten-free toast **6.50**

Masala-spiced tiger prawns with gluten-free toast **10.50**

Main courses *check the blackboard for any specials*

Big Bowl salad romaine lettuce, cherry tomato, roasted peppers, avocado, grated vegetarian cheese, vinaigrette dressing (V) **9.95**

Add a topping: halloumi **+4.50** chicken **+4.50** spiced tiger prawns **+6.00**

Old Vine veggie chilli with sweet potato, chickpea & cannellini beans steamed rice, sliced avocado, sour cream, tortilla chips **14.50**

Spiced lamb kofta kebabs smoky aubergine, sultana rice, peppers **15.95**

Leek, potato and ham hash fried egg, salad, gluten-free toast **14.95**

Pork tenderloin, red onion and red pepper skewers teriyaki marinade, steamed rice, peanut satay sauce **16.50**

Roasted duck confit dauphinoise potato, green vegetable medley, redcurrant and red wine jus **18.95**

British beef steak choose from: 10oz rump **22.00** 8oz sirloin **26.00** chilli butter, new potatoes, roasted flat mushroom, watercress garnish

Desserts

Bere Dairy locally made ice-creams (two scoops) (V) **5.95**

Home-made chocolate and nut brownie vanilla ice-cream (V) **7.50**

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