



## **Low-gluten\* menu**

**Breakfast** *available until end of lunch service*

**Full English** two bacon rashers, one gluten-free pork sausage, two free-range fried eggs, baked beans, mushrooms, tomatoes, hash browns. Gluten-free toast + butter **12.00**

**Veggie full English** two fried eggs, avocado, baked beans, mushrooms, tomatoes, hash browns. Gluten-free toast + butter (v) **11.50**

**Breakfast sandwich on gluten-free toast** choose from: bacon • pork sausage mushrooms • fried egg *One item 7.00 / Two items 8.50 / Three items 9.00*

**Avocado on toasted gluten-free bread** with tomato salsa (v) **9.00**

**Shakshuka** two free-range eggs baked with spiced tomato sauce, topped with fresh herbs and crumbled feta. With gluten-free bread (v) **9.95**

**Sandwiches & Ploughman's** (*lunchtimes*) *On toasted gluten-free bread*

**Hampshire-cured ham, melted cheddar and tomato** **8.50**

**Melted brie and grape** (v) **7.50**

**Tuna mayo Nicoise** hard boiled egg, olives, gem lettuce, tomato **7.50**

**Pork sausage and caramelised onion relish** **8.50**

**Thinly sliced rare beef steak** served cold. Rocket, mustard, caper mayo **8.95**

**Crispy bacon and melted brie** spiced tomato relish **7.95**

**English chicken breast mayo** avocado and rocket **8.25**

**Ploughman's Triple** Hampshire-cured ham, cheddar, blue cheese, salad, grapes, Ploughman's pickle, crisps, gluten-free toast, butter **12.00**

**\*Cross-contamination risks cannot be eliminated in our kitchen.** Allergies or dislikes? Let us know before ordering, ingredients not listed in full. 10% service charge added to all tables, all tips go to staff. Bills split max 4 ways

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### **Starters & Light Bites**

**Home-made pea and leek soup** with gluten-free toast (v) **6.25**

**Grilled halloumi, Hampshire watercress, beetroot, cherry tomato and puy lentil salad** with vinaigrette dressing (v) **7.50**

**Old Vine smoked trout pate** gluten-free toast **8.50**

**Camembert baked with garlic, rosemary, maple syrup** gluten-free toast **7.25**

**Pan-fried tiger prawns** with garlic and cumin, gluten-free toast **9.50**

### **Mains**

**Caesar salad** lettuce, tomatoes, avocado, vegetarian cheese, vinaigrette dressing **10.50** *Add a topping:* grilled halloumi **+4.50** chicken breast **+5.00** thinly sliced rare beef steak (served cold) **+6.50**

**Old Vine veggie chilli** with sweet potato, peppers, chickpeas, cannellini beans and coriander, turmeric and sultana rice, sour cream and avocado (v) **13.95**

**Wild mushroom, blue cheese and spinach risotto** rocket and tomato salad with vinaigrette dressing (v) **16.00**

**Mussels with spiced tomato sauce and coriander** gluten-free toast **15.50**

**Baked chicken thighs stuffed with ham and blue cheese** hasselback potatoes, tenderstem broccoli and spiced tomato sauce **16.50**

**Slow-braised Moroccan-spiced lamb tagine** with peppers, carrots and chickpeas, served with turmeric and sultana rice **16.95**

**British beef steak** *choose from:* **10oz rump 24.00** **8oz sirloin 26.00** herb butter, new potatoes, green vegetable medley, roasted cherry tomatoes

### **Puddings**

**Bere Dairy locally made ice-creams (two scoops)**

*Please see blackboard for today's flavours* (v) **5.95**

**Dark chocolate and orange slice** vanilla ice-cream (v) **7.50**

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